

# Powell River Food Resources

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00		Food bank	Food bank	Food bank		
11:30			Soup kitchen (SA)			
12:00		Soup lunch (7DA)		Soup lunch (7DA)		Food pantry (FL)
1:00	CRC					
1:30	Food pantry (SA)		Family Soup Lunch (FP)		Food pantry (SA)	
2:00		CRC	CRC	CRC		
3:00						
3:30						
4:00						
4:30	Spaghetti dinner (UC)				Free Community Dinner (WB) once a month	
6:00						
7:00						

CRC = Community Resource Centre

FL = Faith Lutheran Church

FP = Family Place

RC = Reformed Church

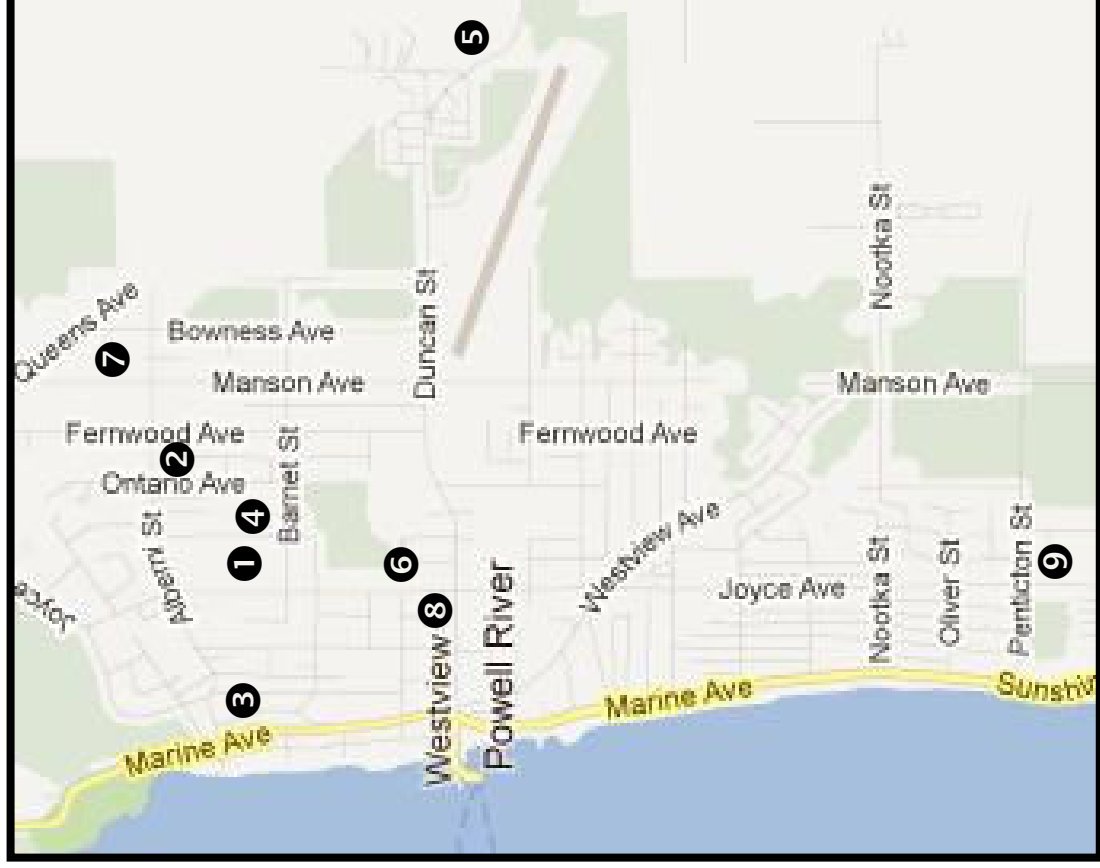
SA = Salvation Army

UC = United Church

WB = Westview Baptist Church

7DA = Seventh Day Adventist Church

# Powell River Food Resources



<p><b>1</b> Community Resource Centre 4752 Joyce Ave. (604) 485-0992</p> <ul style="list-style-type: none"> <li>Coffee and snacks Mondays 10:00 AM to 4:00 PM; Tuesdays through Thursdays 12:00 noon to 4:00 PM</li> </ul>	<p><b>2</b> Faith Lutheran Church 4811 Ontario Ave. (604) 485-2000</p> <ul style="list-style-type: none"> <li>Sat. 12:00 noon to 1:00 PM: Food pantry (not every Saturday; check with church for exact schedule)</li> </ul>	<p><b>3</b> Powell River Food Bank 6812D Alberni St. (at the back) (604) 485-9166</p> <ul style="list-style-type: none"> <li>Open on Tuesday, Wednesday, and Thursday every week (10:00 AM to 2:00 PM) EXCEPT cheque week</li> <li>In cheque week, open on Tuesday only (10:00 AM to 2:00 PM)</li> <li>Open 3 days in summer (call to confirm)</li> </ul>	<p><b>4</b> Powell River Family Place Town Centre Mall (604) 485-2706</p> <ul style="list-style-type: none"> <li>Wed. 12:30 PM to 4:30 PM: Free soup lunch for young families; donations always welcome</li> <li>“Sprouts” Community Gardening activities for young families</li> <li>Payment and pickup of Good Food Boxes</li> </ul>
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Meals on Wheels: (604) 483-4339

- Mon., Wed., Fri.: Meals delivered to elderly and incapacitated persons

- Good Food Box: contact Annabelle Tully-Barr at (604) 485-8213
- Second Wednesday of the month; pay \$12.00 by the 3<sup>rd</sup> of the month
  - Pay at Family Place (Town Centre Mall), or PREP Society
  - Pickup at Family Place, United Church, or by arrangement

- Texada Food Bank: (604) 486-7233
- Call on Tuesday for pickup Wednesday (once per month only)
  - Available only to residents of Texada Island

- 5** Powell River Reformed Church  
4372 Padgett Rd.  
(604) 485-9880
- Thu. 1:00 PM - 3:30 PM: Food pantry

- 6** The Salvation Army  
4500 Joyce Ave.  
(604) 485-6067
- Wed. 11:30 AM - 1:00 PM: Soup kitchen
  - Mon. & Fri. 1:00 PM - 3:00 PM: Food pantry
  - Food Basket available once every three months (apply to staff)

- 7** Seventh Day Adventist Church  
4880 Manson Ave.  
(604) 485-7106
- Tue. and Thurs. 12:00 noon - 1:30 PM: Free soup lunch & food pantry
  - ‘Career Closet’ (clothing), Community Garden, and more
  - Thanksgiving & Christmas Day at 2:00 PM: Turkey dinner

- 8** United Church  
6932 Crofton St.  
(604) 485-5724
- Mon. 4:30 PM - 6:00 PM: Spaghetti dinner (closed June to September)
  - \$2.00 per person or \$5.00 per family
  - If you can’t afford the price come anyway - everyone is welcome!

- 9** Westview Baptist Church  
3676 Joyce Ave.  
(604) 485-9114
- Fri. 4:30 PM - 7:00 PM: Free community dinner
  - Usually on the Friday before ‘cheque week’ - but check Around Town in the Peak to be sure!