

FREE & LOW COST FOOD RESOURCES IN POWELL RIVER

	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm					
Monday	Community Resource Centre (CRC), 4752 Joyce Avenue Coffee & Snacks/Brunch from 10am-4pm						United Church, Crofton & Michigan 4:30pm-6:30pm, Oct-May Pasta Dinner \$3/person, \$7/family, \$0/in need								
			Salvation Army, 4500 Joyce Ave Coffee & Snacks 12pm-2pm												
Tuesday	Community Resource Centre (CRC), 4752 Joyce Avenue Coffee & Snacks from 12pm-4pm						<div style="border: 1px solid black; padding: 10px; text-align: center;"> <h2>OTHER RESOURCES</h2> <ul style="list-style-type: none"> •Salvation Army Food Hampers Pick-up Monday & Friday by appointment only Call 604-485-6067 •Texada Food Bank Order Tuesday for pick-up Wednesday Call 604-486-7233 •Food Skills for Families at the CRC Contact Dana 604-485-0992 or dana@prcrc.org •Good Food Box Orders are expected early in the month. Good Food Box distribution is always on the second Wednesday of each month. Call 604-223-3265 or 604-485-2706 </div>								
	Food Bank, Powell River Action, Marine & Alberni 10 - 2			Seventh Day Adventist Church 4880 Manson Avenue Soup Lunch 12pm-1:30pm											
Wednesday	Community Resource Centre (CRC), 4752 Joyce Avenue Coffee & Snacks from 12pm-4pm										<div style="border: 1px solid black; padding: 10px; text-align: center;"> <h2>OTHER RESOURCES</h2> <ul style="list-style-type: none"> •Salvation Army Food Hampers Pick-up Monday & Friday by appointment only Call 604-485-6067 •Texada Food Bank Order Tuesday for pick-up Wednesday Call 604-486-7233 •Food Skills for Families at the CRC Contact Dana 604-485-0992 or dana@prcrc.org •Good Food Box Orders are expected early in the month. Good Food Box distribution is always on the second Wednesday of each month. Call 604-223-3265 or 604-485-2706 </div>				
	Food Bank, Powell River Action, Marine & Alberni 10 - 2			Family Place, Town Centre Mall For families with children Soup Lunch 12pm-1:30pm											
		Salvation Army, 4500 Joyce Ave Soup Kitchen 11:30am-1pm													
Thursday	Community Resource Centre (CRC), 4752 Joyce Avenue Coffee & Snacks from 12pm-4pm														<div style="border: 1px solid black; padding: 10px; text-align: center;"> <h2>OTHER RESOURCES</h2> <ul style="list-style-type: none"> •Salvation Army Food Hampers Pick-up Monday & Friday by appointment only Call 604-485-6067 •Texada Food Bank Order Tuesday for pick-up Wednesday Call 604-486-7233 •Food Skills for Families at the CRC Contact Dana 604-485-0992 or dana@prcrc.org •Good Food Box Orders are expected early in the month. Good Food Box distribution is always on the second Wednesday of each month. Call 604-223-3265 or 604-485-2706 </div>
	Food Bank, Powell River Action, Marine & Alberni 10 - 2			Seventh Day Adventist Church 4880 Manson Avenue Soup Lunch 12pm-1:30pm											
Friday	Salvation Army, 4500 Joyce Ave Coffee & Snacks 12pm-2pm						Westview Baptist Church 3676 Joyce (between Penticton & Quesnel) Community Dinner 3rd Friday of each month 5pm-7pm								
	Assumption Church Glacier Street Soup Lunch 12pm-1pm														
Saturday	Faith Lutheran Church Ontario & Alberni Food Cupboard 12pm-1pm 2nd & 4th Saturdays														

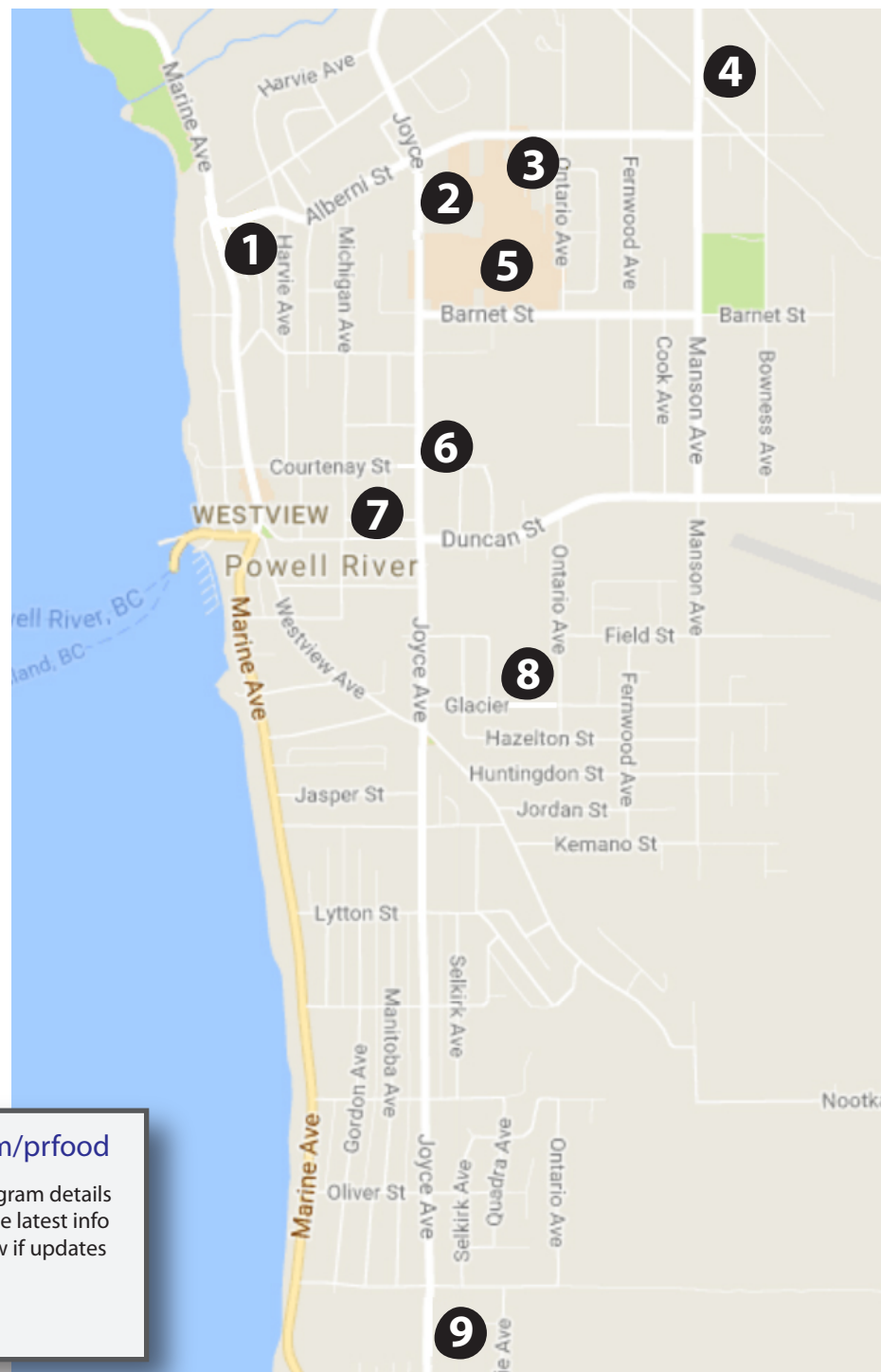
FREE & LOW COST FOOD RESOURCES IN POWELL RIVER

1 Powell River Food Bank
6812D Alberni St. (at the back)
(604) 485-9166
• Tuesday - Wednesday - Thursday 10am - 2pm

2 Community Resource Centre
4752 Joyce Ave.
(604) 485-0992
• **Brunch** Monday 10:00am - noon
• **Coffee/snacks** Mon – Thu noon to 4:00pm

3 Faith Lutheran Church
4811 Ontario Ave.
(604) 485-2000
• **Food Cupboard** Saturday noon - 1pm
(second and fourth Saturday of each month)

4 Seventh Day Adventist Church
4880 Manson Ave.
(604) 485-7106
• **Soup lunch & food pantry** Tuesday & Thursday
noon - 1:30pm
• **Turkey Dinner**
Thanksgiving and Christmas Day - 1pm



5 Powell River Family Place
Town Centre Mall, Unit 2
(604) 485-2706
• **Soup lunch** for young families;
donations always welcome.
Wednesday noon - 1:30pm

6 The Salvation Army
4500 Joyce Ave.
(604) 485-6067
• **Coffee & Snacks** Monday & Friday noon - 2pm
• **Soup Kitchen** Wednesday 11:30am - 1pm

7 United Church
6932 Crofton St.
(604) 485-5724
• **Spaghetti Dinner** Monday 4:30 - 6:30pm
October - May \$3/person, \$7/family, \$0 in need

8 Church of the Assumption
7109 Glacier St.
(604) 485-5300
• **Soup Lunch** Friday noon - 1pm

9 Westview Baptist Church
3676 Joyce Ave.
(604) 485-9607
• **Community Dinner** 3rd Friday 5pm - 7pm

prfoodsecurity.org

facebook.com/prfood

Information is accurate at the time of publication but program details do change. Please check with organizations directly for the latest info and help us to keep the resource useful by letting us know if updates are needed at jessica@prepsociety.org. Thank you!

April 2018