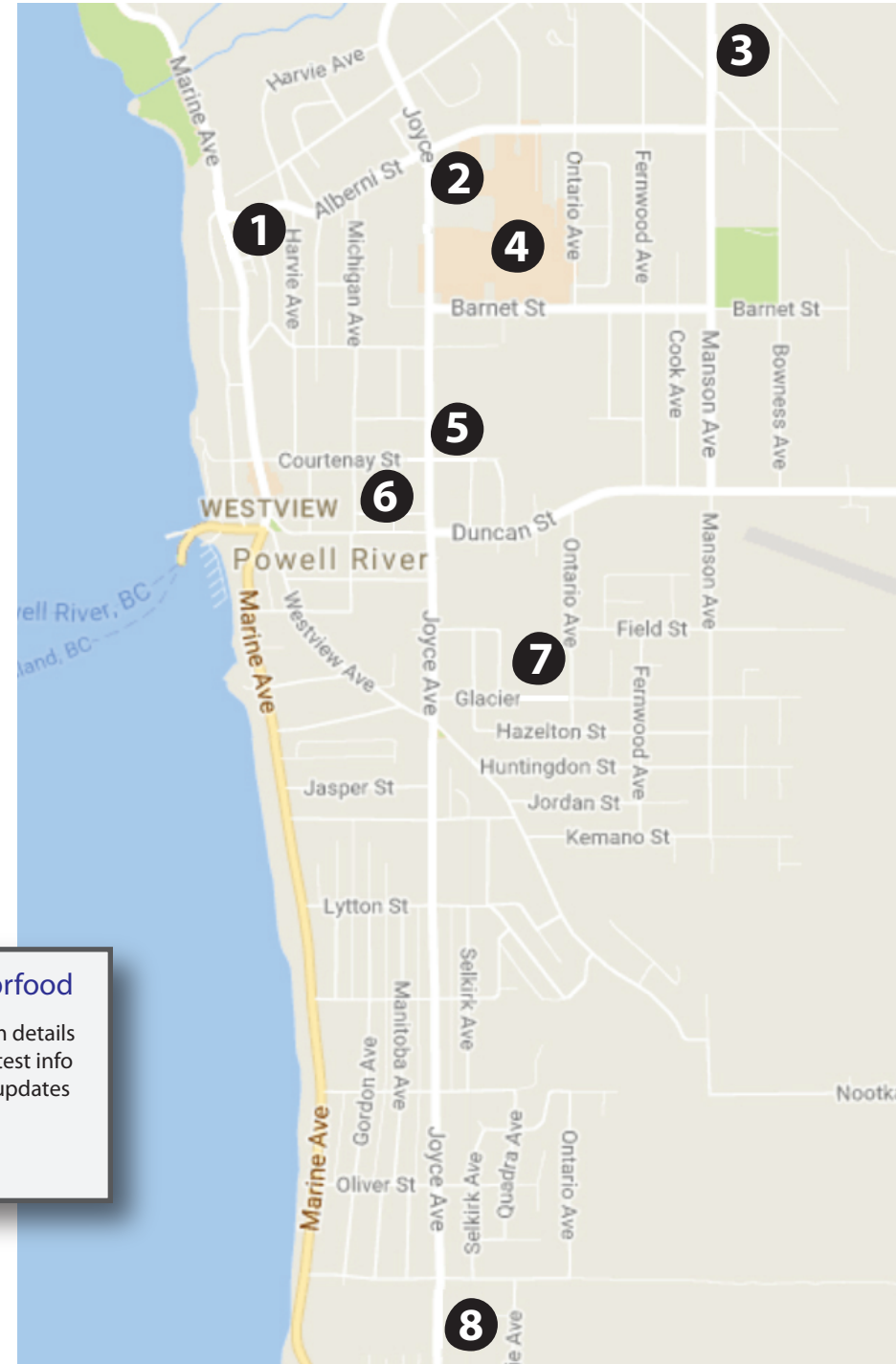


# FREE & LOW COST FOOD RESOURCES IN POWELL RIVER

- 1 Powell River Food Bank**  
6812D Alberni St. (at the back)  
(604) 485-9166  
• Tuesday - Wednesday - Thursday 10am - 2pm

- 2 Community Resource Centre**  
4752 Joyce Ave.  
(604) 485-0992  
• **Brunch** Monday 10:00am - noon  
• **Coffee/snacks** Mon – Thu noon to 4:00pm

- 3 Seventh Day Adventist Church**  
4880 Manson Ave.  
(604) 485-7106  
• **Soup lunch & food pantry** Tuesday & Thursday  
noon - 1:30pm  
• **Turkey Dinner**  
Thanksgiving and Christmas Day - 1pm



- 4 Powell River Family Place**  
Town Centre Mall, Unit 2  
(604) 485-2706  
• **Soup lunch** for young families;  
donations always welcome.  
Thursday noon - 1:30pm

- 5 The Salvation Army**  
4500 Joyce Ave.  
(604) 485-6067  
• **Coffee & Snacks** Monday & Friday noon - 2pm  
• **Soup Kitchen** Wednesday 11:30am - 1pm

- 6 United Church**  
6932 Crofton St.  
(604) 485-5724  
• **Spaghetti Dinner** Monday 4:30 - 6:30pm  
October - May \$3/person, \$7/family, \$0 in need

- 7 Church of the Assumption**  
7109 Glacier St.  
(604) 485-5300  
• **Soup Lunch** Friday noon - 1pm

- 8 Westview Baptist Church**  
3676 Joyce Ave.  
(604) 485-9607  
• **Community Dinner** 3rd Friday 5pm - 7pm

[prfoodsecurity.org](http://prfoodsecurity.org)

[facebook.com/prfood](https://facebook.com/prfood)

Information is accurate at the time of publication but program details do change. Please check with organizations directly for the latest info and help us to keep the resource useful by letting us know if updates are needed at [jessica@prepsociety.org](mailto:jessica@prepsociety.org). Thank you!

October 2018

